
Suggested Packing List for Overnight Stays

Welcome!

We are excited you are coming to stay at the Seahorse Key Marine Lab (SKML). We think it's a pretty special place, full of discovery. SKML is set in a National Wildlife Refuge where you stay in an historic Lighthouse!

Essential Gear

- Day pack for boat excursions
- Refillable water bottle
- Headlamp or Flashlight
- Sunscreen
- Insect Repellent
- Sunglasses
- Sheets or sleeping bag, pillow if you like having one
- Towel and wash cloth
- Food

Clothing and Footwear

**Seahorse Key has many oyster beds as well as stingrays off the back beach so closed footwear is recommended for many parts of the island.*

**In the summer and into early fall, the weather is often hot and muggy with intense sun. Please plan accordingly.*

**We have a clothesline. You can handwash and hang clothes out to dry mid-week.*

- Lightweight (in summer) long sleeve shirt, to protect from bugs and sun
- Shirts
- Shorts
- Swimsuit
- Pants (again, think sun and bug protection)
- Rain jacket
- Pajamas – the lighthouse has a very open dormitory style and you will most likely be sharing a room with 2-3 people.
- Hat for sun protection
- Rubber boots or dive boots or even some type of water shoes if you have them

Miscellaneous

- Personal toiletries (toothpaste, toothbrush, shampoo, soap, etc)
- Any prescription or over the counter medicines you will need
- ID and health insurance card or copy
- **Pencil and notebook!**
- Books or reading material – there is no internet service on Seahorse and limited cell phone service. All the action is happening around you!
- Watch

Gadgets and Extras

- Laptop
- Camera
- Binoculars
- Field guides if you have them